

Creative Revisions

1. While laboring at home, the mother experiences strong contractions that are coming relatively quickly. What could you do to make her more comfortable?

Revision: While laboring at the **hospital**, the mother experiences strong contractions that are coming relatively quickly. What could you do to make her more comfortable?

2. It is early in the labor. The mother is handling contractions ok but she is very tired. How will you help her?

Revision: It is early in the labor. The mother is feeling contractions as a **backache** and is very tired. How will you help her?

3. The mother has had contractions on and off for a two days, but labor doesn't seem to be starting. She is tired and emotionally worn out. What can you do to help her?

Revision: **Your caregiver says that if you are not in labor by tomorrow you will need to be induced.** The mother has had contractions on and off for a two days, but labor doesn't seem to be starting. She is tired and emotionally worn out. What can you do to help her?

4. It is transition and the mother is working hard with each contraction. She doesn't want to be touched, what can you do to help her?

Revision: It is transition and the mother is working hard with each contraction. She doesn't want to be **talked to**, what can you do to help her?